





NZRA Conference Aug 2004, Queenstown

# Assisting Walking and Cycling for Recreation and Transport



by Glen Koorey

Transportation Lecturer University of Canterbury



#### **Presentation Outline**









- Context of Walking / Cycling in NZ
  - Central Govt Agencies & Policies
  - Data on Walking / Cycling Usage
- Current Initiatives in NZ
  - Central Govt Strategies& Programmes
  - Local Initiatives
- Funding Sources
- Conclusions and Actions



## **New Zealand Govt Context**











- NZ Transport Strategy (Dec 2002)
  - "...an affordable, integrated, safe, responsive, and sustainable transport system"
  - Priority: To promote walking & cycling
- Draft NZ Walking & Cycling Strategy (Oct 2003)
  - "A New Zealand where people from all sectors of the community choose to walk and cycle for transport and enjoyment..."
    - Goal: Communities that are more walk and cycle friendly
    - Goal: More people choosing to walk and cycle, more often
    - Goal: Improved safety for pedestrians and cyclists

## **Other Govt Sectors**





Healthy Eating / Healthy Action



- Energy
  - Nat'l Energy Efficiency & Conservation Strategy



- Sport & Recreation
  - Push Play





- Te Araroa "The Long Pathway"
- Tourism, Environment, Education, ...?





## How much do we Walk / Cycle?











- ~1.1 billion walking trips per year
  - 30% in conjunction with other travel modes
  - Less than one trip per day per NZ'er!
- ~110 million cycling trips per year
  - 27 a year per NZ'er
    - A regular cycle commuter does that many in a fortnight
  - If just 1/4 of all NZ'ers made only one extra return cycle trip each week, number of trips would double
- 21% of ALL household trips
  - Walking 19%, Cycling 2%

## LTSA Travel Survey Data 1997/98











<ul><li>Who Walks/Cycl</li></ul>	es?
----------------------------------	-----

- 53% of cycle-km by people aged 20+ (17% by 40+)
- 65% of walk-hrs by people aged 20+ (32% by 40+)

#### How far?

- Ave walking length ~1km (11% > 2km)
- Ave cycling length ~3km (26% > 3km)
- For what purpose? Walk Cycle **Drive** 20% Travel to/from work 24% 21% Social/recreational 24% 23% 20%

## **SPARC Activity Data 1997-00**













	Leisure	activity	in the	past 1	2	months
--	---------	----------	--------	--------	---	--------

<ul><li>Walking</li></ul>	72% of adults	(1 <sup>st</sup> )

- Cycling 15% of adults  $(7^{th})$
- Running/Jogging (8th) 14% of adults
- Mountain-biking 6% of adults

#### Leisure activity in the past 2 weeks

<ul><li>Cycling</li></ul>	20% of young people	(3 <sup>rd</sup> )
---------------------------	---------------------	--------------------

- Running/Jogging 15% of young people (5<sup>th</sup>)
- Walking (6<sup>th</sup>) 15% of young people

## Implications of Travel/Activity Data





But could be much more!



- Need to cater for ALL ages
- It's not just short distances
  - Many longer walk/cycle trips also taken
  - Cycle touring is a potentially big market
- It's not just recreational
  - Walking/cycling routes are for utility trips too









## **Transport Initiatives - Transfund NZ**





Can now be used when evaluating cycling projects



- Walking/Cycling Funding Class (2002)
  - \$4 million in 2004/05



Simplifies process for funding minor works



e.g. Travel Behaviour Programmes







## **Transport Initiatives - LTSA**





Long-term programme of research & initiatives



- Cycle Network & Route Planning Guide
- Pedestrian Planning & Design Guide
- "Safer Routes" Programme (2004)
  - Nelson, Dunedin, Rotorua, Manukau







# **Other Agency Initiatives**













- Estimation of deaths from inactivity / pollution in NZ
- Bikewise (Health Sponsorship Council)





- Energy-Wise Councils
- Walking School Buses

#### SPARC

- Kiwi Walks
- Cycle-friendly employer guidelines



## **Some Local Initiatives**











- Otago Central Rail Trail
- Chch-Little River Trail
- Wakatipu Trails Strategy
- Hawkes Bay Rotary Pathways
- Ara Harakeke Pathway (Porirua)
- Nelson Railway Reserve Pathways
- Travel Behaviour Programmes
  - "Go Smarter" (Canterbury)
  - "Way to Go" (Auckland)







**Hawkes Bay Rotary Pathway Trust** 







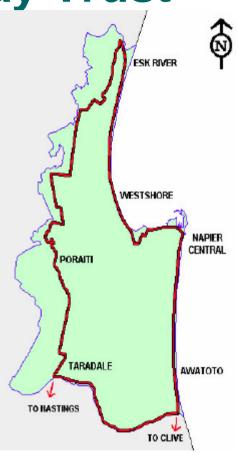
 Local Rotary groups formed a trust for fundraising purposes



 First stages (Napier) complete or underway (14km)







## **Ara Harakeke – "The Flax Pathway"**



3.6km-long shared pathway between

Paremata & Pukerua Bay



 Constructed in conjunction with adjacent SH1 realignment



provides traffic-free alternative to previous on-road route



 Has seen a boom in walking & cycling use along this route



 Further links planned to connect north and south



## **Nelson Railway Reserve Pathways**











- 15km of sealed off-road pathways
  - Use old railway reserve corridor
  - Paths built alongside new bypass
  - Underpasses / overbridges / x'ings
- Recreational paths encourage new commuters
- Property value premium for pathway access
- High local school cycle use



# Go Smarter (Environm't Canterbury)



Suburban community pilot projects

- Business travel plans
- "Walk to School Day"
- Results
  - Three trial business plans: 23% increase in cycling
  - Trial community scheme: 20% increase in cycling
- See www.gosmarter.org.nz for more details















# Cycle / Pedestrian Pathway Design











- Inadequate Width / Poor Sight Distance
- Indirect / Low-speed Routes
- Unnecessary Barriers
- Poor Road Connections / Crossings
- Poor Maintenance



- Use the Experts in this field
- Use Specialist Audits of Facilities
- Attend a National Training Course

NZRA Conference – Aug 2004, Queenstown



THE PATH

SHARE

## **Funding Sources**













- "Promotion of Walking/Cycling" Activity Class
  - \$65m over 10 years
- "Travel Demand Management" Activity Class
  - \$681m over 10 years (includes railways and barging)

#### SPARC

- Regional Sports Trusts
  - \$30m over 3 years
- Active Communities Scheme
  - \$10m over 3 years
- Further Walk/Cycle/Swim encouragement?



## Funding Sources cont'd





Promotional / behaviour change projects



- BikeWise
  - Cycling & "Social Marketing" Events



- Trail development
- Or start your own trust!



- Sport & Recreation Funding Directory
  - www.fis.org.nz/sparc/





## **Conclusions and Actions**











- Make walking / cycling a priority
  - Develop district walking / cycling strategies
  - Consider all possible funding sources
- Liaise with local roading / transport staff
  - They have experience with Transfund procedures
- The Devil is in the detail...
  - Design to standards and Audit what you've got
- Promotion is just as important as Facilities
  - Travel behaviour programmes are a must

## Talk to the Experts!







www.ltsa.govt.nz



Sport & Recreation NZ (SPARC)



www.sparc.govt.nz





www.can.org.nz



www.livingstreets.org.nz



Also many excellent overseas websites

NZRA Conference - Aug 2004, Queenstown





## CAN Cycle-Friendly Awards '03/04











- Annual awards for initiatives to promote cycling and create a cycle-friendly environment
- Four categories
  - Best Cycle Facility Project
  - Best Cycling Promotion
  - Cycle-Friendly Commitment by Business
  - Cycle-Friendly Commitment by Public Organisation
- See www.can.org.nz/awards/ for more details



## Assisting Walking and Cycling for Recreation and Transport

## **Thank You!**









