



Cycle Aware Wellington (CAW)

[Home](#)

[About us](#)

[Join](#)

[Events](#)

[Resources](#)

[Windy Wheels
newsletter](#)

[Links](#)

[Contact us](#)

Windy Wheels newsletter

October 2004

Adult Skills Classes - Cycling in the City

Are you much of a city cyclist, or would like to do more? Does riding in traffic put you on edge? You can increase your confidence and enjoyment with an Adult Skills Class. The course will give you practical tips and strategies that will help keep you and your bike going through most traffic and road conditions. Emphasis is on avoiding common and serious hazards for cyclists. We keep to small groups, and usually try and finish each session with a group ride around Wellington.

Due to a great response to the initial message sent out in July, Cycle Aware Wellington, supported by WCC, will be running an adult skills session at the end of this month. If you are interested in signing up for this course, the details are as follows:

Date: 30-31 October, Time: 9:00am - 3:00pm (ish)

Place: Kilbirnie Rec. Centre

Cost: \$20 per person

We need a minimum of 8, and can take a maximum of 20 with 2 instructors (first come, first served). All enquiries to marilynnorthcotte@hotmail.com

Bicycle maintenance class

The next, (and last one for this year), of our Bicycle maintenance classes is being held as follows. If you are interested in signing up for this course, we will be holding the next session on:

Date: 30 October

Time: 10:00 - 3:00 (ish)

Place: Vogelmorn Community Hall, 11 Vennell St. Brooklyn

Cost: \$30 per person

We need a minimum of 8, and can take a maximum of 15 (first come, first served). All enquiries to me at marilynnorthcotte@hotmail.com

WCC's Cycling Strategy

Cliff Naude from WCC reports: Consultants have been appointed (Mongomery Watson Harza) and we've had a meeting with them to clarify the brief and agree on the approach to be followed. As they will be meeting with stakeholders to obtain their input on issues facing cyclists in Wellington, you can expect to be contacted in that regard in due course. WCC will also be part of that discussion when it occurs.

Spring Green Bike Rally

The 3rd annual Spring Green Bike Rally will be held in Wairarapa on Sunday 7 November. This rally is organised by the Wairarapa branch of the Green Party, who are keen to promote cycling and to show off their beautiful countryside. The rally is a fun event for families and individuals. The route map supplied incorporates a quiz, answers to which are found along the route, and there's an 18-speed bike to be won.

This year's event will start at Carterton's Memorial Square and take riders west of the main highway and along the scenic foothills of the Tararua Range. The 29 km route follows attractive flat to slightly rolling countryside, making it an easy ride even for those who don't cycle regularly. Along the way, there's a picnic stop at the Forest & Bird Society's Fensham Reserve.

Wellington cyclists are encouraged to take the Wairarapa train and special group fares are available. The start/finish point is just 500 metres from Carterton station and the 9.55am Sunday morning train arrives in Carterton at 11.09, giving almost an hour before the 12 noon start time. There's a return train at 5.06 pm (arrives Wellington 6.30).

Registrations are \$20 per adult, \$5 per school-age child. Entry forms can be downloaded from www.greens.org.nz/Office/Events/BikeRally2004EntryForm.pdf. If you want one

posted email eric.turner@wise.net.nz or phone Eric on 06-379-6510.

Capitelle's Monday night women's rides

Due to the popular demand, the Women's Ride is back! Last year we had more than 70 women turning up.

The aims of this group are many. First, we want to get women riding together! And this is any women riding for fitness, fun rides, triathlon and duathlon, multisport, MTB and road cycling. This is a great occasion to share experiences, find new training partners and improve your riding and bike handling skills. We plenty of experienced women cyclists in Wellington, so we are encouraging as many of them as possible to come along and pass on this knowledge in a fun and encouraging environment.

We strongly recommend that you have a road bike (or you are a very fit MTB'er!). We will try to keep the bunches together, however if you are a struggling you may need to join a slower group.

This year we will have 3-4 groups each week based on experience and skill level:

Advanced group - those who have either racing or bunch riding experience and are reasonably-very fit and want to have a steady ride around the bays and learn/practise a few new skills.

Intermediate - for those with limited bunch experience, or maybe not quite fit yet or don't wish to ride fast.

Beginners - for women new or nervous about riding in bunches

During the ride your group leaders will try and include some bunch riding/racing techniques and tactics for women that are interested in learning a bit more. This is a good chance to get some more insight into to fun rides and bike racing.

<http://www.capitalcycling.org.nz/women.htm>

Bike to Work Day 2005

Dear all, can't believe it's that time again, and we're hoping to get a head start with the planning. So far we have a trusty few signed up from the CAW committee, but would always welcome a few more to the organising group. Many hands etc. If anyone is interested in helping out on the BTWD Organising Group, please contact me at northgalt@paradise.net.nz We are hoping to have a short meeting within the next few weeks to set a timeline for the event in February. No offer of help too small, I look forward to hearing from you.

Marilyn Northcotte, BTWD Co-Ordinator 2005

WCC's Cycling Strategy

Consultants MWH have been hired by WCC to come up with a draft cycling strategy using money allocated in the 03/04 financial year. At a meeting CAW had with WCC staff on 19 October we were told work on the strategy has yet to start - a draft is unlikely to come out for at least three months.

This is extremely disappointing and frustrating: WCC set aside a tiny budget for cycling in this year's Annual Plan because the strategy hadn't been done. Now it looks like the same might happen for 05/06. CAW has agreed to put forward suggestions of projects that could go ahead before the strategy is completed. Your ideas please...

Bike the Bays is Back!

Remember the great rides on the Miramar Peninsula and through the bus tunnel that CAW used to organise? Well, the event has been resuscitated by Greater Wellington...

Get your family on their bikes and join hundreds of other cyclists on Greater Wellington Regional Council's free Bike the Bays ride on Sunday 5 December 2004.

Starting at 9.30am at Kilbirnie Park, Bike the Bays takes in the scenic coastline of the Miramar Peninsula and the south coast with rides times between one and two and a half hours.

Registration forms will be available in early November. CAW members have been asked to help on the day with tasks like marshalling. Contact: Ian Kirkman, 04 803-0381, cycling@gw.govt.nz

Council Cycling Projects for 05/06 - what will they be?

What's your least favourite drain grating? Where would you most like to see a new cycle lane or bike rack?

Around now is the time when local authorities and Transit NZ start dreaming up transport projects for the next financial year and CAW would like to give them some suggestions...

We're keen to see councils start installing Advance Stop Lines & Waiting Boxes (see section 6.19 of the new LTSA "Cycle Network & Route Planning Guide" <http://www.ltsa.govt.nz/roads/cycle-network/chapter6.html> for a photo, and <http://www.ccc.govt.nz/Recreation/Cycling/TechnicalInformation/> for more detailed information).

We'd really like to have your ideas for projects in your area, whether they're on local roads or state highways. They could be small (but useful) projects such as drain gratings, cycle racks, new lane markings to give more space for cycling, coloured surfacing for cycle facilities or Advance Waiting Boxes. Or they could be bigger ones like educational or promotional campaigns, cycle lanes or off-road cycle paths. Include full details of locations where necessary.

Send your suggestions to CAW, PO Box 11-964, Wellington or caw_wgtn@hotmail.com, preferably by Monday 8 November.

Critical Mass is back



Summer is coming and Critical Mass is back. Meet Friday 29 October at Civic Square at 5:30 and let's go for a ride around town. The velorution will not be motorized.

CAW meeting

When: Tuesday, November 2, 2004, at 6pm

Where: Senior Citizens Room at the City Library on Victoria St. Take the steps up to Clark's cafe and then turn left to go past the lift doors.

What: Geoff Sneddon from the Urban Design Unit and Christine Wong from Roading & Traffic at WCC will be coming to talk about cycle parking. Geoff has two new cycle stand designs he wants feedback on.

CAW Cycle Aware Wellington, www.caw.org.nz, PO Box 11-964, Wellington

Secretary: Geoff Thomas, geoff.thomas@vuw.ac.nz, tel 463 6247

Windy Wheels is edited by Patrick Morgan, (www.morgan.net.nz/contact.php)

The deadline for the next issue is Tuesday 9 November 2004.

CAN Cycle Advocates' Network: www.can.org.nz

[top](#)