



## CAN Guide to Every Day Cycling

### **Ride with pride**

You're making a difference!

### **Enjoy your riding**

Smile, feel great, radiate happiness!

### **Support other cyclists**

Help make cycling better for everybody!

### **Do it by bike**

Make those small trips by cycle!

### **Follow the road code at all times**

Know the code, stay alert, don't lose your cool!

### **Love your bike**

Make sure it's as safe and healthy as your good self!

### **Report problems**

Let your local council and police know about any problems!

CAN is the voice for every day cyclists in New Zealand.  
Learn more about CAN and these suggestions at [www.can.org.nz](http://www.can.org.nz)