



Cycle Aware Wellington (CAW)

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Windy Wheels newsletter

February 2006

Dream breakfast for Wellington bikers



In preparation for Bike to Work Day, there was a Biker's Dream Breakfast in downtown Wellington on Feb 22, complete with a bike mechanic (Sarah from Capital Cycles) to do a quick tuneup, a masseuse (marg from Embody) for a full backrub, one fine New Zealand Symphony Orchestra cellist (Robert, takes his cello on his bike) playing Bach, a gourmet breakfast served by Nikau cafe with as many lattes as you could want, photo ops for the press, and presents for the diners - an autographed edition of *Classic New Zealand Mountain Bike Rides*, a back-apron that says "fitter, faster, cleaner cheaper", a tube repair kit, and a wrist band that reflects headlights for night riding.

It was AWESOME!

Bike To Work Day celebrates 10th birthday

Hundreds of Wellington cyclists will converge on Civic Square on 1 March to celebrate ten years of Bike to Work Day in the capital.

The event, jointly organised by Cycle Aware Wellington and Wellington City Council, will see cyclists tucking into a special themed birthday cake. They will also enjoy a free breakfast, free bike checks, giveaways, prizes, entertainment and guest speakers from 7:00 until 9:00 am.

Bike To Work Day aims to celebrate cycling as a great way to get to work, to reward those who are already cycling regularly, and to encourage others to give it a go.

Over the nine years the event has been held in Wellington attendance has grown quickly. "The success of Bike To Work Day in Wellington reflects the growing number of people riding to work in the city" said CAW spokesperson Robert Ibell. "In 2005, the breakfast attracted over 750 cyclists. This year we hope to do even better."

"The past two censuses tell us that Wellingtonians are taking to their bikes more than ever, bucking a national trend. In 1996, 1.5 per cent of people rode a bike on census day, rising to around 2.2 per cent in 2001. We expect this healthy trend to continue on census day 2006." said Mr Ibell.

Bike to Work Day is part of national Bike Wise Week. The Wellington event is supported by WCC and sponsors URS, Penny Farthing Cycles, Commonsense Organics and Bike Wise.

Events

Bike Wise Week – 25th February – 5th March

Bike Wise Week is a national celebration of all things cycling. As well as nationwide events like the Business Battle, there are plenty of things happening around the Wellington region for you, your friends and family to get involved in. See you out there! <http://www.bikewise.org.nz>

Kapiti Coast

Whole week

- **College Commute:** For students at Otaki, Paraparaumu and Kapiti Colleges- ride your bike and wear your helmet and be in to win ipods, lots of Subway vouchers, movie passes and new helmets.
- **Primary Schools Go By Bike breakfasts** - Contact Sport Kapiti for details

Tue 28 Feb - **Women's Rides.** Explore the trails and off road areas – easy riding. Route suitable for all types of bikes. Morning ride - depart Kapiti Women's Centre, Ngahina St, Paraparaumu 9.30, return 11.45. Afternoon ride - depart Kapiti Women's Centre 12.15, return 2.45. Crèche available. Postponement day Friday. Bookings at the Kapiti Women's Centre, 902 6222.

Tues 28 - **Bike maintenance course.** On Yer Bike are running one of their popular bike maintenance courses; preventative and routine maintenance plus puncture repairs etc. 7pm at On Yer Bike, Rimu Rd. Bookings 297 2597

Wed 1 Mar - **Go By Bike Day.** Commute to the train, work or school and have free breakfast on the way. Spot prizes and giveaways. Otaki Railway Station, KCDC Rimu Rd (7-9am), Paraparaumu Railway Station (7-8am).

Porirua

Wed 1 Mar – **Go By Bike Day.** Cyclist Breakfast pitstops at Kenepuru Drive (between Bowland & Viard College), Mana Esplanade Reserve, Porirua Railway Station underpass by SH1 carpark. Spot prizes.

Thu 2 – **Free Spin Cycle Classes** under the Canopies, Porirua, 11am-2pm. Contact: 237 8088

Wairarapa

Whole week

Spot prizes being given out to cyclists in the Wairarapa during the week, particularly around schools. Police are offering one hour cycle safety sessions at schools. Sport Wairarapa are offering lunchtime sessions where children can ride their bikes to promote cycling and cycle skills (contact 06-370 9157).

Mon 27 Feb - **Free cycle maintenance and safety course**, 6-9pm, REAP House, Queen Street, Masterton. To register call 06-370 9157

Wed 1 Mar - **Go By Bike Day.** Give cycling a go and reward yourself with a free breakfast at the Masterton Town Hall. Meet at the Rec Centre at 7.30am for a group ride to the Hall or just turn up on your bike anytime between 7.00-8.30am. Contact: Ruth Locker or Joe Potangaroa, 06-377 1379

Sun 5 - **Mountain Duathlon**, 10am, Clareville Showgrounds. Contact: 06-377 0416 or 06-378 6235, tuisnest@wise.net.nz (WMC)

Hutt Valley

Sun 26 Feb - **Bike the Trail.** Entry is free. Certificates, spot prizes and refreshments. Register in advance at www.gw.govt.nz/bikethetrail Contact: cycling@gw.govt.nz or 04-803 0381.

Wed 1 Mar - **Go By Bike Day**, Hutt City. Free commuter breakfast, 7-9 am, Laings Rd (outside Town Hall). Give-aways. Contact: Mahu Leach, 04-570 6730, mahu.leach@huttcity.govt.nz

Wellington

Wed 1 Mar – **Go By Bike Day.** Big free breakfast, Civic Square, 7-9am. Tenth birthday event - prize draws, freebies & birthday cake! Contact: 04-972 2552.

Sun 5 – **Women's World Cup**, Wellington, www.cycletournz.com

Airport Runway extension

Following an approach from the Kilbirnie Residents Association, Alastair wrote to the Airport Company, expressing concerns about space for cyclists on the roadway, visibility issues, and potential for a separate cycleway on the runway extension. Chris Dillon replied saying that their view is that the current design has adequate provision for cyclists. It looks like for the moment we'll have to agree to disagree, and see what the result looks like.

Bike Wise funds available

Bike Wise has announced that they'll be taking Community Partnership Programme applications for events to be run between June 1st and October 31st 2006.

The Bike Wise Community Partnership Programme makes small grants of up to \$1,000 to help you run events, promotions and programmes that get more people cycling more often, rather than driving their cars everywhere.

Community groups, sporting and active transport organisations, health agencies, health organisations and local Government authorities are all eligible. Schools are not eligible but they will fund events run at

school venues.

Last time round Bike Wise funded 16 events including an adult learn to ride course, a bicycle obstacle ride, a crazy commuter race, a cycle buddy scheme and a children's cycle rodeo.

For further information or to get copies of the application documents contact Thomas Stokell, thomas@hsc.org.nz, (04) 472 5777. Applications close 30 April 2006.

News briefs

Option 3 - Karl Baker spoke to our February meeting about Option 3, an initiative to promote discussion of alternatives to the road-based Western Corridor options (Transmission Gully/ Coastal Route). Option 3 aims to promote more sustainable options, e.g. increasing capacity of Kapiti rail link.

Police are issuing tickets to cyclists riding through Lambton Interchange.

Greater Wellington is running a Don't Burst their Bubble – Give Cyclists Space campaign this month.

Hutt Cycle Aware is the new name for our group of Hutt members. Contact: [Murray Robertson](mailto:Murray.Robertson)

Discussion forums Go to www.mountainbike.co.nz/forum/ for online discussion on advocacy, events, touring and more.

Next CAW Meeting

When: Tuesday, 7 March, at 6pm

Where: Wellington City Council Committee Room, Wakefield St

What: Want better and safer cycling? Come along and get stuck in.

CAW

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Windy Wheels is edited by Patrick Morgan, (www.morgan.net.nz/contact.php)

CAN Cycle Advocates' Network: www.can.org.nz

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