

Get along to any of our free cycling events and you'll be in the draw to

WIN A WEEKEND SHOPPING IN THE GOLD COAST!

*Prize is for a weekend for two in the Gold Coast, one entry per person per cycling event.



It's like riding a bike!

Girls, you don't have to wear lycra to get on your bike this month!

Go By Bike Day

WEDNESDAY FEBRUARY 18

Ride down to the Square in Palmerston North from 7-9am for a delicious free breakfast, entertainment and loads of fun.

Mayoral Cycle Challenge

SATURDAY FEBRUARY 28

Join Mayor Jono Naylor for this short, family ride and prove Palmerston North is the most cycle mad city in New Zealand. Free entry and spot prizes including an Avanti bike. Registrations from 9am at the Esplanade.

Cycle to the Cinema

SUNDAY MARCH 1

Ride your bike to downtown cinemas and you can see the latest movie; Confessions of a Shopaholic, completely free. Tickets are limited, movie starts at 3pm.

A bit out of practice...

...and want to get back on your bike? We also have cycle training courses and rides available.

For more information

contact Sport Manawatu on (06) 357 5349 or visit www.sportmanawatu.org.nz

everyone active everyday
www.sportmanawatu.org.nz

